

L'ARCHE NSW APRIL, MAY, JUNE 2024 GRAPEVINE

COMMUNITY

PHOTOS

NEWS

EVENT



AN ADVENTURE
IN HUMAN
RELATIONSHIPS



L'ARCHE PRAYER

God, you called us to journey together in L'Arche.
A journey born in the prayer of many.



We share life in the spirit given to us in the
washing of the feet.

We celebrate with song, story, and dance.

We continue our journey with hearts of hope.

AMEN

Written by Kathy Bourke

COMMUNITY LEADER MESSAGE



Dear Friends,

Grace and joy to you all! This month we are sharing the message of happiness and joy, a celebration of the abundant life that we have been given through our God. Psalm 118:24 tells us, "This is the day that the Lord has made; let us rejoice and be glad in it." Every day is a gift, a chance to experience the boundless joy that comes from knowing and walking with our Lord. Our faith is not just about enduring hard times but also about embracing and celebrating the blessings and beauty that fill our lives.

True joy is found in the presence of God, and in the love and fellowship we share as a community. It is a joy that transcends circumstances, rooted in the assurance of God's love and grace. When we gather, we are reminded of the incredible gift of community and the strength we find in each other.

Our joy is a testament to our faith, a light that shines brightly and draws others to the love of God. It is a joy that is contagious, spreading hope and love to all those we encounter.

Thank you for journeying together, making conscious efforts to focus on the good, celebrating the small victories, and finding joy in the everyday moments. Let's continue to laugh together, share our blessings, and lift each other up with words of encouragement and acts of kindness.

May our hearts be filled with the joy of the Lord and may that joy overflow into the lives of those around us. Let us continue to be a community known for our joy, our love, and our unwavering faith.

*With hearts full of joy and gratitude,
Krishnee Nair*





WITH AND WIHTOUT TOGETHER



With and
Without



As the international campaign “ With and Without “ continues, and as usual we live with and without differences. We are all unique and all equal. We share our passions, our talents, and our laughter. This is the beauty of living. At L’Arche, all ways of living are welcome. With and without disabilities, each story is proof that there is no limit to what we can create together. What really matters to us is living richer lives through the bonds we create with each other



CELEBRATING EASTER IN COMMUNITY :

The Easter “resurrection” signifies the transformative power of God's grace, encouraging each of us to live lives that reflect the values of faith, love, and service.

The community marked Easter with our traditions of washing of the feet, attending church services, participating and celebrating with festive meals and activities like egg decorating and Easter egg hunts. These traditions brought much joy and hope to our members.





NEW WAY OF ANNOUNCING OUR COMMUNITY !

L'Arche NSW rejuvenated our announcing and friend raising campaign - our first attempt at a Bunnings sausage sizzle.

Reaching out into the public arena -in and around Sydney. We give thanks for all the members who provided support and attended that first few sausage sizzles.

There are more to come during this year, so your support is much appreciated.

We will keep you posted via emails as to where our next venue will be.



L'ARCHE NSW COMMUNITY WEEKEND 2ND TILL 4TH OF AUGUST 2024

We are so thankful that we are able to resurrect our Community weekend again.

It has been a while since we gathered together for a weekend.

We are encouraging everyone to get in and book your place.

Please scan the QR code below and if you need more information you can contact
L'Arche NSW office

L'Arche NSW Community Weekend 2nd - 4th August 2024



L'Arche NSW Community

The beautiful bond that connects us,

“ creating a sense of belonging and support ”

CATALINA LAKEFRONT RETREAT CENTRE

171 Dorrington Road, Rathmines, NSW

Day option is also available

RSVP Before 30th June 2024

For more information

essa.chahine@larche.org.au

02 9787 8132



For booking scan the QR code

ANNIVERSARIES WITH L'ARCHE NSW

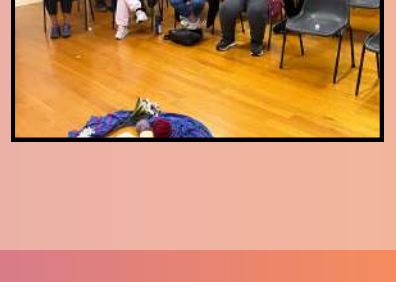
**Bruce 41 years and
Timothy 3 years**



**Anthony and Angela
Talarico
20 years anniversary**



**Five Dock Core
members 4 years**



SPECIAL NEWS

Helen Merrin awarded the Medal of The Order Of Australia



Helen Merrin

CONGRATULATIONS ON BEING AWARDED THE MEDAL OF THE ORDER OF AUSTRALIA! THIS PRESTIGIOUS HONOR IS A WELL-DESERVED RECOGNITION OF YOUR OUTSTANDING CONTRIBUTIONS AND UNWAVERING DEDICATION TO L'ARCHE AND THE OTHER SERVICES. YOUR TIRELESS EFFORTS AND REMARKABLE ACHIEVEMENTS HAVE NOT ONLY SET A HIGH STANDARD OF EXCELLENCE BUT HAVE ALSO INSPIRED MANY OTHERS TO STRIVE FOR GREATNESS. YOUR COMMITMENT AND CONTRIBUTION TO L'ARCHE HAS MADE A SIGNIFICANT AND LASTING IMPACT, AND IT IS TRULY COMMENDABLE. RECEIVING AN OAM IS A TESTAMENT TO YOUR PASSION, HARD WORK, AND THE POSITIVE DIFFERENCE YOU HAVE MADE IN OUR SOCIETY. WE ARE INCREDIBLY PROUD OF YOUR ACCOMPLISHMENTS AND GRATEFUL FOR THE INSPIRATION YOU PROVIDE TO ALL WHO KNOW YOU. MAY THIS HONOR ENCOURAGE YOU TO CONTINUE YOUR INCREDIBLE WORK AND SERVE AS A REMINDER OF THE PROFOUND EFFECT YOU HAVE ON OUR COMMUNITY. ONCE AGAIN, CONGRATULATIONS DEAREST HELEN MERRIN ON THIS REMARKABLE ACHIEVEMENT!



*Old photos of Helen Merrin
with L'Arche community*

MESSAGE FROM THE HOUSEHOLDS



'COZY WINTER WISHES FROM CAMPSIE

AS THE CHILL OF WINTER SETTLES IN, WE AT CAMPSIE SEND OUR WARMEST WISHES TO EVERYONE. THIS SEASON HAS BEEN A WONDERFUL TIME OF PRAYER, CELEBRATIONS, PICNICS, DRIVES, BUILDING NEW RELATIONSHIPS, MAKING NEW FRIENDS, AND CARING FOR EACH OTHER IN SICKNESS AND IN HEALTH.

ONE OF THE HIGHLIGHTS OF OUR RECENT MONTHS WAS CELEBRATING JANINE'S 73RD BIRTHDAY ON THE 14TH OF APRIL. JANINE STARTED HER SPECIAL DAY WITH A DELIGHTFUL POT OF TEA. IN THE AFTERNOON, SHE ENJOYED A LOVELY VISIT WITH HER SISTER OVER AFTERNOON TEA. THE CELEBRATIONS CULMINATED IN A JOYOUS BIRTHDAY DINNER PARTY AT CAMPSIE, SURROUNDED BY ALL HER FRIENDS AND DEAR ONES.

WE ALSO HAD THE PLEASURE OF VISITING OUR GOOD FRIEND GEOFFREY, SPENDING QUALITY TIME REMINISCING ABOUT CHERISHED MEMORIES FROM THE PAST. THESE VISITS ALWAYS LEAVE US FEELING GRATEFUL FOR THE BONDS WE SHARE AND THE HISTORY WE HAVE TOGETHER.

OUR WEEKENDS HAVE BEEN FILLED WITH LOVELY PICNICS AT BEAUTIFUL BEACHES LIKE LA PEROUSE AND CRONULLA BEACH, AS WELL AS THE SERENE PARKS SUCH AS CABARITA PARK AND BAXLAND RIVERSIDE PARK. THERE'S SOMETHING MAGICAL ABOUT SHARING A MEAL OUTDOORS, BASKING IN THE WINTER SUN.

AND, OF COURSE, WE CAN'T FORGET OUR LONG DRIVES JUST TO GET A COFFEE. THESE SIMPLE OUTINGS HAVE GIVEN US THE PERFECT OPPORTUNITY TO ENJOY EACH OTHER'S COMPANY, EXPLORE NEW PLACES, AND INDULGE IN SOME DELICIOUS COFFEE.

AS WINTER CONTINUES, WE LOOK FORWARD TO CREATING MORE MEMORIES TOGETHER, EMBRACING THE WARMTH OF OUR COMMUNITY EVEN AS THE TEMPERATURES DROP.'





THE WEATHER IS COLD, BUT THAT DID NOT STOP ANTHONY, JOSEPH AND ANDREW TO ENGAGE IN THEIR DAILY ACTIVITIES, VISITNG FREINDS, BIKE RIDING, SWIMMING AND CELEBRATE THE OTHER BIRTHDAYS

JOSEPH PARTICIPATED IN THE SAUSAGE SIZZLE, AND ART AND CRAFT SESSIONS,

ANOTHONY ENJOYED HIS SWIMMING AND BIKE RIDES AND HELP COOKING

ANDREW ENGAGING WELL IN SHOPPING AND JOINING THE MONTHLY MUSIC" JAM BAND "

OUR FREIND LOURIE SHARS A LOT OF HIS TIME WITH THE COMMUNITY





CELEBRATIONS NEVER SEEM TO CEASE IN THE COMMUNITY. BIRTHDAYS HAVE ALWAYS BEEN SOMETHING TO LOOK FORWARD TO. EVERYONE ENJOYED MARILENA AND ANDREW'S BIRTHDAY CELEBRATION AT BURWOOD HOUSE.

EVERYONE FROM THE FIVE DOCK HOME VISITED THE BOTANICAL GARDEN AND RAMSGATE BEACH WHERE THEY ENJOYED A PICNIC AND TOOK LOTS OF PHOTOS. CORE MEMBERS ENJOYED THE COMMUNITY AT DRUMMOYNE, WITH LOTS OF FOOD TRUCKS TO CHOOSE FROM AND A BREATHTAKING FIREWORK TO END THE EVENING WITH.

IN MAY, CORE MEMBERS VISITED GEOFFREY AT CENTRAL COAST. GEOFFREY'S BIG SMILE AND CHEERFULNESS MADE THE LONG DRIVE ALL WORTH IT.

FIONA AND VANESSA WERE MORE THAN HAPPY TO SEE THEIR MOTHER AFTER A WHILE.

CARLYE IS SUPER EXCITED TO HAVE JOINED THE GYM IN ADDITION TO HER LIBRARY MEMBERSHIP AND STUDIES.

AND, KATHY HAS BEEN WELCOMED BACK TO HOME AFTER A LONG STAY IN THE HOSPITAL.





IT'S BEEN A SEASON OF CELEBRATIONS THIS SEASON AS WE CELEBRATED BRUCE, KATHLEEN AND TIM'S LARCHE ANNIVERSARY. WE ALSO HAD KATHLEEN'S AND MARILENA'S BIRTHDAY CELEBRATIONS.

WE HAD MOTHER'S DAY PRAYERS WHERE EVERYONE REMEMBERED THEIR MOTHER AND SHARED A SPECIAL PRAYER.

WE HAD VISITORS COMING TO THE HOUSE FOR DINNER AND SHARING GOOD LAUGHTER AROUND THE TABLE.



BRUCE, PETER AND MARILENA WERE VERY HAPPY TO SEE GEOFF AND GOING FOR A ROADTRIP TO NEW CASTLE. EVERYONE ENJOYED THE DRIVE WITH LOTS OF LAUGHTER AND FUN.

BRUCE HAS CONTINUED GOING SWIMMING ON SUNDAYS. HE ALSO ATTENDED "ROY AND FRIENDS" CONCERT AT BURWOOD RSL WITH NIRMAL.

PETER HAS BEEN ENJOYING HIS WEEKLY BOWLING AND SWIMMING SESSIONS ON WEEKENDS.

MARILENA HAD A WORK BREAK AND WENT OUT FOR LUNCH AND CUPPAS OUT. SHE ALSO WENT FOR A ROAD TRIP TO CANBERRA WITH HER SISTER ADRIANA.



BRUCE AND MARILENA WENT TO SEE VIVID AND LIGHTSCAPING AT THE SYDNEY BOTANICAL GARDENS WITH FRIENDS FROM MERRYLANDS HOUSE.

KATHLEEN LOVES AND ENJOYS HER REGULAR CAR RIDES AROUND THE AREA NEAR THE WATER AND DOG PARK AND HAVING A HOT DRINK.

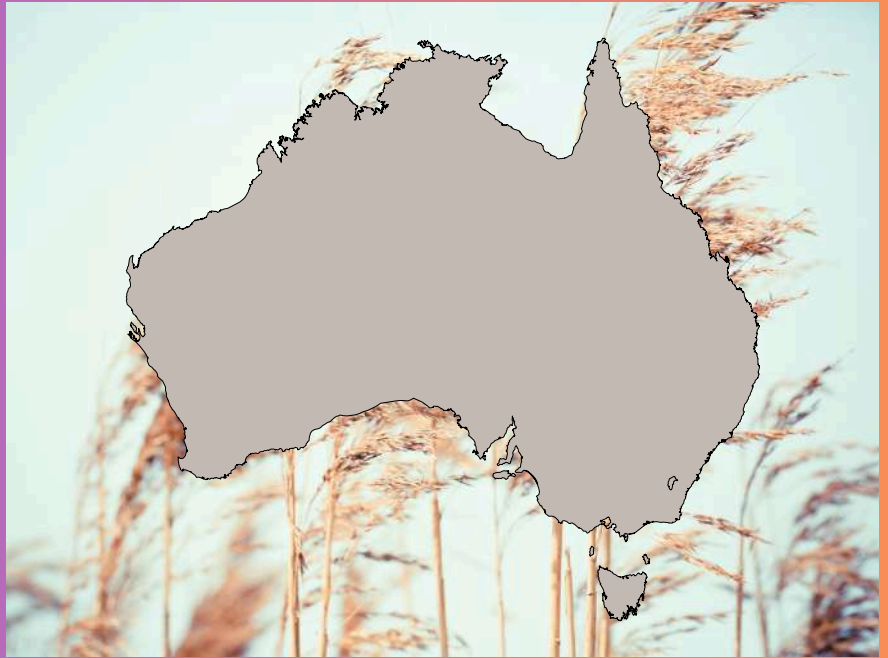
TIM REGULAR WALKS AROUND THE BLOCK AND CELEBRATING HIS ANNIVERSARY WITH HIS FAMILY AT THE HOUSE

ELAINE AND TONY HAVE BEEN SHARING LIFE AT BURWOOD AND JOINING THE COMMUNITY NIGHTS.

ELAINE'S CELEBRATED HER BIRTHDAY WITH HER FAMILY AND FRIENDS.



NATIONAL NEWS



Eileen Glass
50 years with L'Arche

DEAR EILEEN

CONGRATULATIONS ON REACHING THE INCREDIBLE MILESTONE OF 50 YEARS OF DEDICATED SERVICE IN THE L'ARCHE COMMUNITY WORLDWIDE. !

YOUR UNWAVERING FAITH, COMMITMENT, AND LOVE FOR THE COMMUNITY HAVE BEEN A TRUE INSPIRATION TO US ALL. THROUGHOUT THE YEARS, YOU HAVE TOUCHED COUNTLESS LIVES WITH YOUR WISDOM, COMPASSION, AND TIRELESS EFFORTS. YOUR LEADERSHIP AND DEVOTION HAVE HELPED TO STRENGTHEN AND UPLIFT L'ARCHE FAMILY IN IMMEASURABLE WAYS.

AS WE CELEBRATE THIS REMARKABLE ACHIEVEMENT, WE WANT TO EXPRESS OUR DEEPEST GRATITUDE FOR YOUR MANY CONTRIBUTIONS AND SACRIFICES. YOUR JOURNEY OF FAITH AND SERVICE IS A TESTAMENT TO THE POWER OF STEADFAST DEVOTION AND THE IMPACT YOU HAVE MADE IN THE LIVES OF MANY.

MAY GOD CONTINUE TO BLESS YOU WITH HEALTH, JOY, AND STRENGTH AS YOU CONTINUE YOUR JOURNEY. THANK YOU FOR YOUR 50 YEARS OF EXTRAORDINARY SERVICE.

WITH HEARTFELT APPRECIATION AND WARMEST CONGRATULATIONS,

Voting for L'Arche Australia on the my giving circle program by scanning the QR Code, will help L'Arche Australia helping other communities in need.



INTERNATIONAL NEWS



<https://www.larche.org>



L'Arche international launched a few months ago the new campaign of "With and Without" to re-present L'Arche philosophy and the image of L'Arche sharing life together as people with and without disabilities.

More news and stories can be found on L'Arche international website :

<https://www.larche.org/about-larche/news/>



**WITH AND
WITHOUT
DISABILITIES,
WE CREATE
TOGETHER**





On behalf of the Nomination Committee, I want to share an update on our process to select an International Leader and Vice International Leader.

Our last updates (by e-mail on January 4, through a series of open calls in late January, and in person at the Extended Leadership meeting in Montreal in March) outlined our work, supported by Mission Talent, to screen and interview potential candidates. This eventually resulted in three final candidates, all external to L'Arche, all with a variety of professional and personal experience related to our work and our mission. Some of you helped us introduce those candidates to L'Arche during our process, meeting with them individually over Zoom, welcoming them to your national online events, inviting them to in-person visits in your communities. We are so grateful for your generosity and openness to support our process in this way.

Very late in the process, one of those three candidates withdrew for personal reasons. Through our discernment, the Nomination Committee determined that a second candidate was not the right match for the role of International Leader at this point. We presented the third candidate to the International Stewardship Board and International Leadership Team, who the Federation voted to delegate the authority to name the next International Leader based on the recommendation of our committee.

After working together over a few weeks, we could not reach consensus with the ISB and ILT about the suitability of the candidate we had recommended, so we decided to withdraw our nomination.

After three years of work, which included two intense rounds of consultation, we remain unable to name an International Leader for the Federation of L'Arche. The ISB and the ILT are strategizing about what this means, and what the appropriate next step is in this important process. This will include determining whether the Nomination Committee or its individual members will continue in their current roles.

We know this news may lead to feelings of concern or disappointment. We want to assure you that the International Stewardship Board and the International Leadership Team are working to ensure that the work of L'Arche International continues with minimum disruption, insecurity, and confusion.

Since June 2023, Sylvain Brabant has been leading the Federation as Interim CEO, and he has generously offered to continue in that role until September, at which point he will resume his role as chair of the ISB.

Once the ISB has determined the next steps in our search for leadership for the Federation, that information will be shared with all of you. Meanwhile, we humbly ask for your continued prayers and support for all those who are responsible to chart the course for the Federation in this time of significant change.

In gratitude,
Jenn Power

On behalf of the Nomination Committee

JULY 2024 CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 <i>Kumar Rasiah</i> <i>Goi George</i> 🎂	3	4 🙏	5	6
7 🎵 <i>Manish Kshetri</i> 🎂	8	9	10	11 🙏	12 🎨 <i>Peter Dudding</i> 🎂	13
14	15	16	17 <i>Pooja Yakha</i> 🎂	18 🙏	19 🍖	20
21	22	23	24	25 🙏	26 🎨	27
28	29	30	31			



Art and Craft



Morning prayer



Birthdays



Sausage sizzle



Community gathering

ANNIVERSARIES

Suraj Karanjit

8th of July 2019

5 years

EVENTS :

Please follow the birthdays celebrations events and the invitations emails to celebrate birthdays.

SOCIAL MEDIA :

To keep up to date with our news, events and more, please follow our page on the social media portals as “ L'ARCHE NSW “

THE HOUSES CONTACT DEATILS:

Burwood 0437 715 566

Five Dock 0428 417 879

Campsie 0473 642 755

Merrylands 0428 417 879



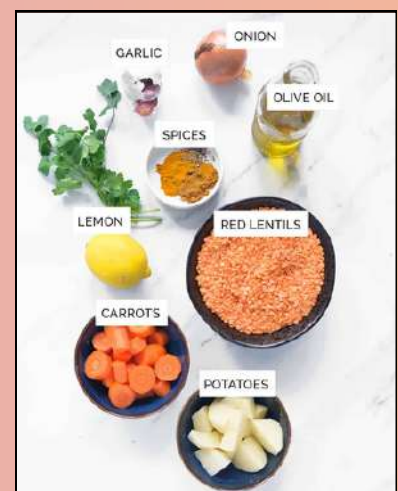
LENTIL SOUP

Ingredients

- 1 tablespoon olive oil
- 1 onion, diced
- 1 large garlic clove, minced
- 1 teaspoon cumin
- 1 teaspoon turmeric
- 1 cup (130 grams) carrots, diced
- 1 cup (130 grams) potatoes, diced
- 1 ½ cup (270 grams) red lentils, rinsed and drained
- 5 cups (1.2 liter) vegetable broth or hot water*
- ¾ – 1 teaspoon fine salt, or to taste
- ⅛ teaspoon freshly ground black pepper, or to taste
- ½ lemon, juice
- 1 handful cilantro or parsley, chopped



- In a large pot heat gently the olive oil over medium heat. Add the onion and cook for about 5 minutes, until the onion starts to soften.
- Add cumin, turmeric, garlic, and stir for 1 minute until fragrant.
- Then add lentils, carrots, potatoes, and give a good stir.
- Add the broth, salt, and pepper and bring to the boil.
- Reduce the heat, cover with a lid, and simmer for about 20 minutes, stirring occasionally.
- Remove the pot from the heat, check the seasoning and the consistency (you might like a thicker or a thinner soup, so you can add or reduce the amount of liquid)
- Optional step: using an immersion blender you can puree the soup until it's smooth and creamy if you wish.
- Serve with chopped parsley or coriander, a pinch of paprika if you like and freshly squeezed lemon juice to taste*.



We Pray together for



FOR ALL L'ARCHE
COMMUNITY
MEMBERS



- For our community members who haven't been feeling well.
- For peace around the world.
- For warmth in our homes and hearts in this cold weather and for those who doesn't have a warm place to be at.
- A special prayer goes out to our dear community member Kathy Grezdo, who shares life at Five Dock home, asking the lord to give her the needed support and we pray that she will get well soon.

And We Give Thanks for



- The gift of each other, companionship and trust in God
- The gift of L'Arche family
- Family members and friends as they journey with L'Arche NSW community.
- For L'Arche NSW during this cold weather till the warm fills our homes and hearts.

- **Media release from the Minister**

\$40 million in community funding to boost independence and self advocacy of Australians with disability

The Australian Government is investing \$40 million over two years in self-advocacy and peer support programs so they can continue to support people with disability to engage in our community and to advocate for themselves. The Peer Support and Capacity Building grant program is a one-off grant round available to community-based services to continue the valuable role they play in the community supporting people with disability, families and carers. Minister for the National Disability Insurance Scheme (NDIS), the Hon. Bill Shorten MP said community-based services play a unique role in welcoming people with disability and empowering them to build confidence and advocate for themselves. “Peer support and self-advocacy organizations are central to supporting people with disability to feel connected within our community and to learn from the experience of others,” Minister Shorten said. “As we collectively work together to make the NDIS stronger, we all know we’re at a critical point of the Scheme’s history. This means there’s never been a more important time to strengthen the services that support people with disability to engage confidently and self-advocate for what is right for them. “The future of the NDIS is in peer-led work, with support for decision-making at its heart. This is the vision of the NDIS Review – to make sure participants have the power and knowledge to navigate how best to use their NDIS funds.

For more details:

<https://www.ndis.gov.au/news/10195-40-million-community-funding-boost-independence-and-self-advocacy-australians-disability>

- **Media Release**

NDIA releases Annual Pricing Review ahead of further pricing reforms

The National Disability Insurance Agency (NDIA) has announced changes to National Disability Insurance Scheme (NDIS) pricing, ahead of proposed broader reforms that will strengthen the NDIS provider market.

For more details:

<https://www.ndis.gov.au/news/10196-ndia-releases-annual-pricing-review-ahead-further-pricing-reforms>

- **Media release from the Minister**

Decorated top cop to lead NDIS panel of justice experts

A team of justice experts will work on a new panel to examine the management of prisoners exiting jails who have been identified as current or potential participants on the NDIS.

For more details:

<https://www.ndis.gov.au/news/10184-decorated-top-cop-lead-ndis-panel-justice-experts>

- **Autism Advisory Group communique**

Autism Advisory Group April 2024 communique

The Autism Advisory Group (AAG) met online on 16 April 2024 for their second meeting this year.

For more details:

<https://www.ndis.gov.au/news/10166-autism-advisory-group-april-2024-communique>

We value your feedback



At L'Arche NSW, your feedback is important as it helps us to know what we are doing well, and what we need to improve on. We especially welcome feedback from our members with disabilities and their families, the community and the general public. These guidelines explain how members with a disability their families, friends, staff, advocates and people in the community, can give us their feedback or lodge a complaint.

Members with a disability and their families, are welcome to ask a friend, family member, reference person, advocate or one of our employees for help. Members with a disability, or family members can also provide us with feedback through:

If you wish to be anonymous while making your complains, please contact
CommunityLeader directly on 02 9787 8132.

L'Arche collects and uses personal information, including sensitive information, in relation to your feedback or query and we are committed to the proper handling of personal information in accordance with L'Arche Privacy policy.

If you would like to submit feedback, you can:

- Phone the office 029787 8132
- Email us at sydney@larche.org.au
- Please send us your feedback to -
L'Arche NSW Inc
51 Burlington Road Homebush, 2140
- A discussion with our Community Leader
- Krishnee Nair -02 9787 8132



If you would like to share a photo, story, events, news or send a greeting for someone's birthday, anniversary, seasonal greeting,

*Please send it to Essa Chahine
essa.chahine@larche.org.au*